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**5RMMA**

**(watermark) Sample letter that is sent to your child's teacher! (watermark)**

Dear Mr. Smith,

It is my understanding that Billy Johnson is a student in your classroom as well as a student of our Positive Child Development Program. I would like to take a moment to explain the vast benefits of our program, and how this can be a powerful tool for you as well as our parents and children.

The 5RMMA Positive Child Development Program Provides life skills training to our youth while providing the parents, and teachers an extra tool for discipline. Obtaining maximum benefits of our program can be achieved simply by maintaining an open communication line between the student, parents, school teachers and the staff here at 5RMMA. I am sure you will agree that in the fast pace of today's society, parents and teachers could use the extra help in guidance and discipline, and the best part is, all you have to do is be willing to communicate with us about the Child's progress. That's pretty simple, isn't it?

**How the program works:**

The Students are taught a list of ten rules; we call The Ten Ways Of The Dragon! These ten rules will cover any type of negative behavior as well as positive choices concerning vital situations, kind of like The Ten Commandments. The students are to follow these rules everywhere they go in life; home, school, public, church etc... As a child progresses through our program, they learn to set small goals that lead to large goals of success, while getting a visible and tangible view of negative progress when they fail to meet the requirements of The Ten Ways Of The Dragon! Due to the fact that our staff cannot be with the child everywhere in life, we need the help of the parents and teachers by way of communication. The students of 5RMMA develop a strong family bond with our staff and their own parents as we are family oriented and involve the parents in all we do. Because of this bond, the student begins to feel a strong need not to let us down. Often times they are willing to let their parents down, but have a reserve about disappointing our staff due to the negative effects on the goals they are striving to achieve! Many times telling the student you will contact us can have an immediate change of behavior. By this time you are probably thinking, hey, this sounds great, but what in the world is it that locks in the interest of the child?

**The 5RMMA Experience:**

The Students of 5RMMA are taught valuable life skills in three phases spanning a time of approximately 3-1/2 years, while experiencing the excitement of self discipline through Martial Arts. Martial Arts has a proven track record for developing self confidence, self control, and anger management, and has recently become one of the top recommendations for children with A.D.D. And A.D.H.D. By Child Psychologist across America! The Child becomes self involved with the martial arts and reaching their goals, while simultaneously achieving a much larger ultimate goal of becoming a Positive role model to others. Team work among the teachers, parents, and our staff can not only have a positive impact on a child's life, but on the future of our community as well. This will become inevitable as our program grows. The children of today are the future of tomorrow, and our community will reflect the examples that we adults set today!

***Phase 1: First Aid & Fire Safety, Positive vs Negative Attitude, Self Discipline - Rules & Boundaries, Goal Setting with emotional, and visual achievements, Hand Eye Coordination, Defeating The Bully, Basic Child Karate Skills***

***Phase 2: Positive Vs Negative Attitude Level 2, Self Discipline - Rules & Boundaries Level 2, increased Goal Setting, Team work & Chivalry, Political Correctness, U.S. Crime vs Punishment, Intermediate Child Karate Skills***

***Phase 3: Positive vs Negative Attitude Level 3, Self Discipline - Rules & Boundaries Level 3, Leadership Skills Training, Intro To Teaching Others, Being The Positive Example, Advanced Child Karate Skills***

In addition to this valuable program we also have a sport karate team that competes against schools from more than 30 other states! In 2009 our competition team was crowned the Missouri State Champions, and we have already brought home an unprecedented 16 Trophies and 28 Gold Medals this year in only 4 competitions.

Thank you for your time, and your cooperation in our program will be greatly appreciated. All you have to do to take advantage of this great program, is communicate with the parents and our staff about positive and negative behavior from our student. The Line of communication is always open. You may contact us by phone, E-mail, or U.S. Mail.

***For more information about our programs please contact us or visit WWW.SHORINKEMPO.NET***

We hope to hear from you soon, and appreciate any thoughts or comments you may have regarding our program!

Sincerely,  
Sensei Lyle Huffstutler \_\_\_\_\_

Sempai Tamera Swartzlander \_\_\_\_\_

**5 RINGS MIXED MARTIAL ARTS**  
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