

**5 Rings Mixed Martial Arts (618)558-9995 WWW.5RMMA.COM
PLEASE READ ALL DATES AND NOTES**

DEC. 2011

Dec. 10th 2:00pm

Competition Meeting for team Tryouts

Parents and adult students only

No children at meeting

must attend to qualify for tryouts!

Dec. 16th

Competition Tryouts

All belt levels welcome

Adults and Jr. Dragons from 5pm to 8pm

Tiger-Tots and lil dragons 5pm to 7pm

We will push the limits of training to see how hard students are willing to work at becoming a positive addition to the team.

Dec. 17th

Jr. Dragon test Prep Day

Red Stripe Day, this day is designed to insure the students ability to pass testing for a new belt level.

This is a must attend day. This is Red stripe day. No red stripe no testing for a new belt in Jan.

Dec. 20th

Deadline for request to test forms & testing fees

If we do not have your forms and testing fees by this date then you or your child will not test for a new belt in Jan.

Dec. 22nd – Jan. 1st

Closed for holidays

Happy Holidays to our 5 Rings Family!

JAN. 2012

Monday Jan. 2nd

First day back – Adults reg. Schedule

Tuesday Jan. 3rd

First Day Back Jr. Dragons reg. Schedule

Wed. Jan 4th

First day back Lil-dragons reg. Schedule

Jan. 7th

TEST DAY

All Kids at reg. Class schedule

Adults 3pm to 7pm

(No Make Up Dates)

Sat. Jan 14th

Annual Awards Banquet

5:00 pm at The Moose Lodge

NO-CLASS THIS DAY

Jan. 22nd

Womens Self Protection Workshop

Must Pre-register-Limited spots available

Ask for details